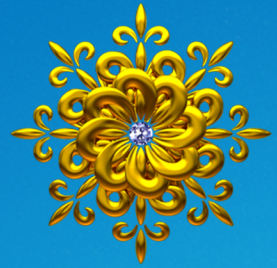




108

The  
HANDBOOK  
of  
Creation



Cindy Demaray





108<sub>2</sub>

*The Handbook  
of Creation*









# 108

## *The Handbook of Creation*



Cindy Demaray

Creating Academy

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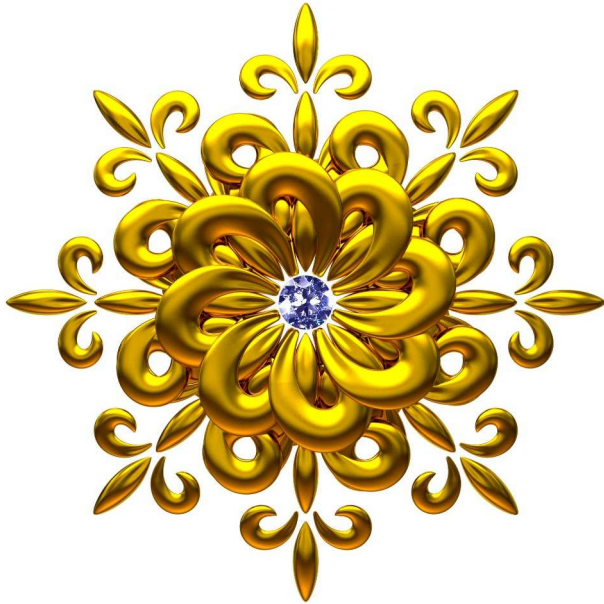


To  
*Linda Mama and Beloved Bob*  
*Mother and Father of Eternal Light*



*To David, John and my dear children*  
*and to*  
*Stephanie and Grace:*  
*the Heart and Hands of Genesis*

*To Chih-Ching, Pamela, Kaye, Rebecca and Michael*  
*and to all who have helped spread the Light*





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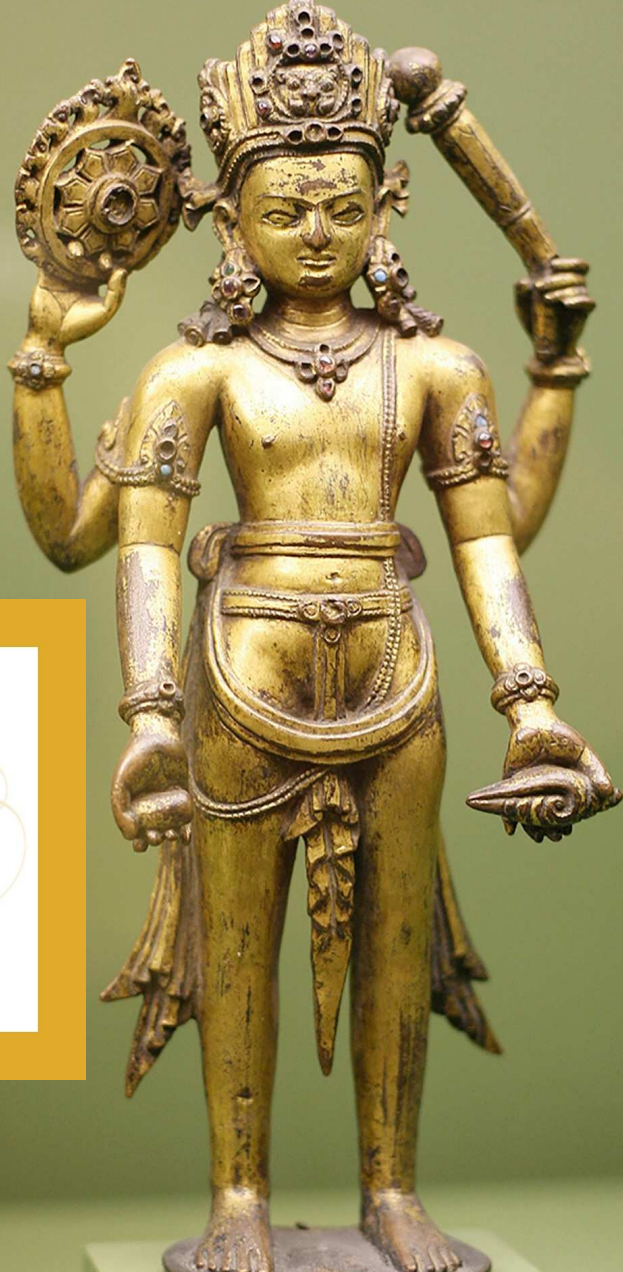
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Hindu god, Vishnu, holding  
Sudarshan Chakra [1].





*Preface*

**5,000 Years Ago...**

*Krishna spun the Sudarshan Wheel*

**2,500 Years Ago...**

*Buddha spun the Golden Wheel*

**NOW**

*The Golden Form  
Spins For All to Enjoy*

## Sudarshan Chakra, "Sudarshana"

The Sudarshan Chakra (सुदर्शन चक्र) is a spinning, golden disk with 108 spokes, which is used by the Hindu god Vishnu. While it is always said to have 108 spokes, early versions portray Sudarshana with 8 visible spokes. The word *Sudarshana* is derived from two Sanskrit words—*Su* (सु) meaning "good/auspicious" and *Darshana* (दर्शन) meaning "vision" [2].



The word Chakra refers, among many meanings, to the wheel of a carriage, the wheel of the sun's chariot or to the wheel of time [3].

The Sudarshan Chakra is portrayed spinning on the right-rear hand of the four hands of Vishnu, who also holds a shankha (conch shell), a Gada (mace) and a padma (lotus) [4].



## Historical Evidence

A coin dated to 180 BC, with an image of Vasudeva-Krishna, was found in the Greco-Bactrian city of Ai-Khanoum in the Kunduz area of Afghanistan, minted by Agathocles of Bactria [5].

*A coin of Agathocles of Bactria  
from 180-170 BC depicting  
Vāsudeva-Krishna [5]*

In the Rig Veda, Sudarshana is presented as Vishnu's symbol and as the wheel of time.



In later times, Sudarshan Chakra emerged as a weapon or even an anthropomorphic form of Vishnu [6]. In Tamil, the Sudarshana is also referred to as the Chakkrath Azhwar ("Ring" or "Circlet of God") [5].

**The Dharma Chakra**, also known as the Wheel of Dharma, or the Golden Dharma Wheel, is a symbol from ancient India [7].

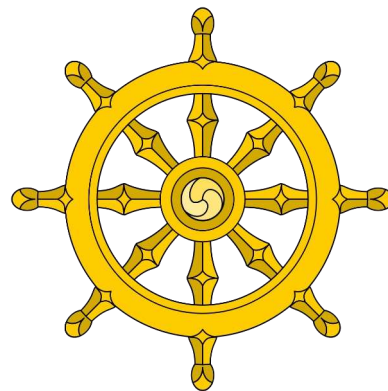


*Buddhist Temple, India*

The Dharma Wheel symbol represents teachings of Buddhism—teachings of The Buddha (Shakyamuni or Siddhartha Gautama) turning the wheel three times. Dharma Chakra also represents the elimination/removal of obstacles for illumination [8].



Known as the *Dharma Chakra* in Sanskrit, it is one of the oldest and most important symbols in Buddhism. The Dharma Chakra represents teachings of the historic Buddha. It depicts Dharma, which is considered to be the path to Enlightenment, *Nirvana*—liberation from *Samsara* (Sanskrit: “flowing around”) [7,9].



It signifies teachings from not just Buddhism, but also from Hinduism and Jainism [9,10].

Dharma Wheel (Dharma Chakra) means wheel of cosmic law and universal truth.

Dharma Chakra is most commonly depicted with eight spokes. The Dharma Wheel can be seen in any color, but it is usually portrayed in gold. The center of the wheel is often shown with three or four shapes swirling together—usually, they look like a Yin-Yang symbol, but it can be a wheel or another circle [11].



Garuda Wisnu Kencana statue (GWK statue), Bali, Indonesia







## Modern Representation

Located in Bali, this is Indonesia's tallest statue, and one of the tallest on Earth, soaring 121 meters—that is 30m higher than the Statue of Liberty.

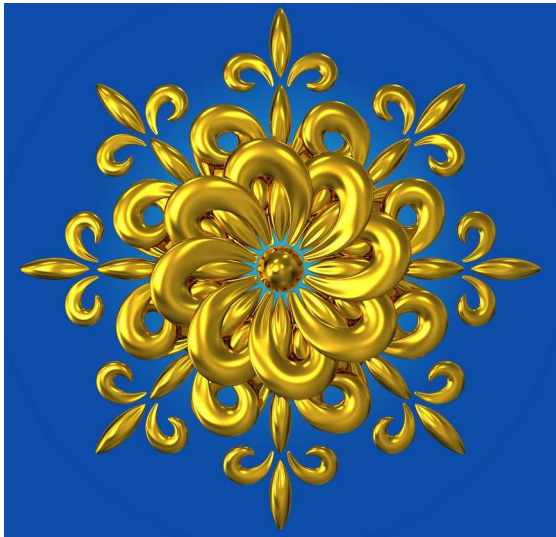
Garuda's wingspan stretches a massive 64m wide. Costing \$100 million, it was designed by Nyoman Nuarta and inaugurated in the GWK Cultural Park in 2018 [12].

Note the presence of the spinning Sudarshan Chakra on the right hand of Vishnu (Vishnu). This national edifice was inspired by a Hindu myth about the search for Amrita ("the elixir of life").



This monument exhibits the iconic status of Sudarshana and its timeless cultural role. The images of Sudarshan Chakra—and Dharma Chakra—have held great significance for thousands of years. Yet, that's not where the story ends...

Profound teachings stand the test of time. The teachings of a spinning golden disc/wheel have withstood 5,000 years. Yet, with time comes change; time brings change to the knowledge. The intent may be perceived through different viewpoints—different times and different cultures lead to new perspectives. Aspects of the original knowledge may be altered, reinterpreted or even forgotten. That is the relentless nature of time.



But as with all great knowledge, there is a cycle. There is always a return of the original fullness, the original purity of knowledge.

At the right time, fullness returns to bless all.



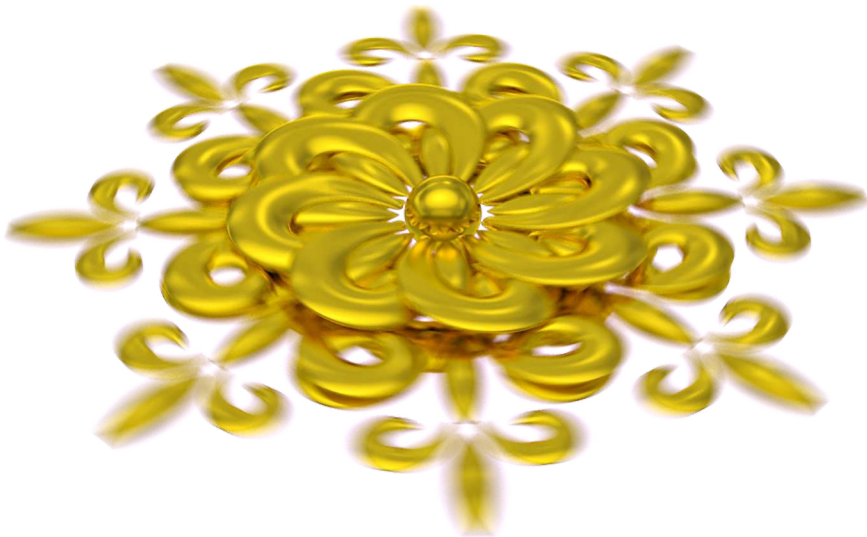
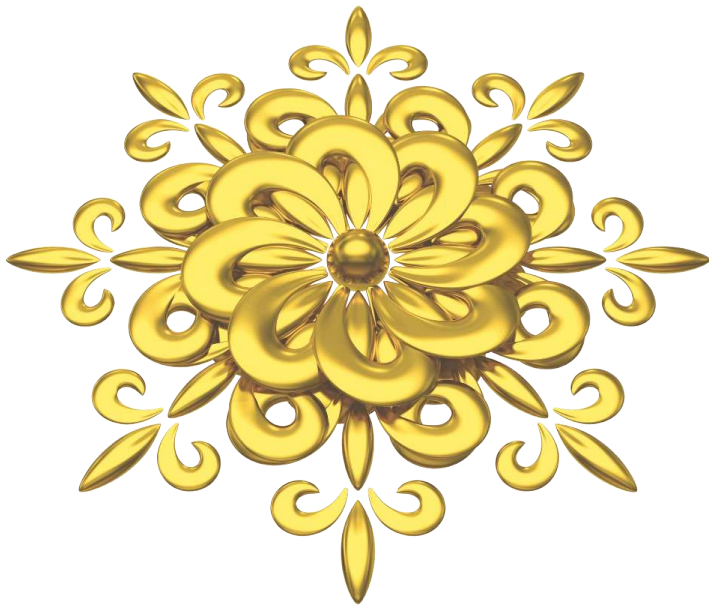


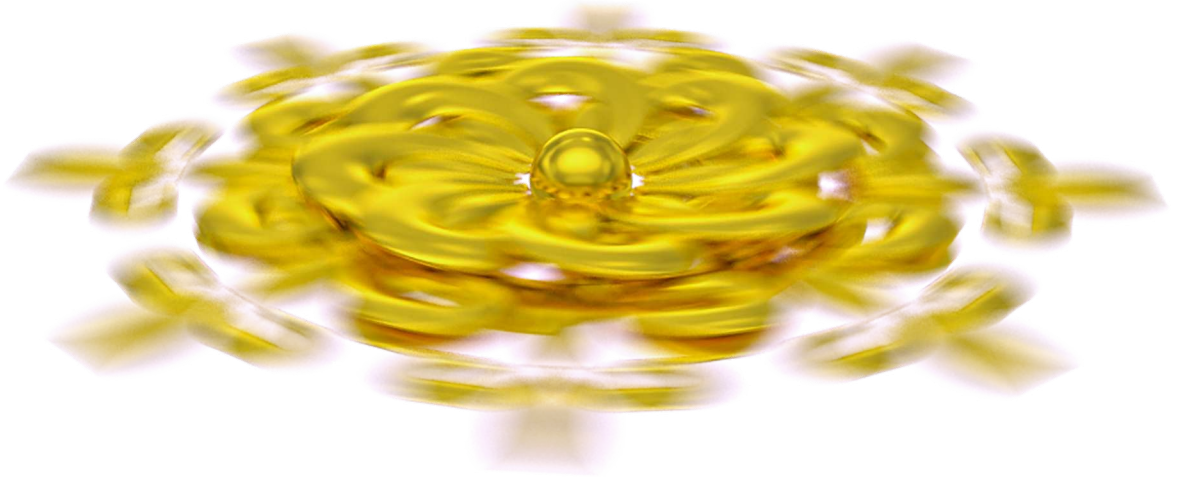
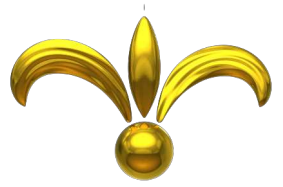
## *Introduction*

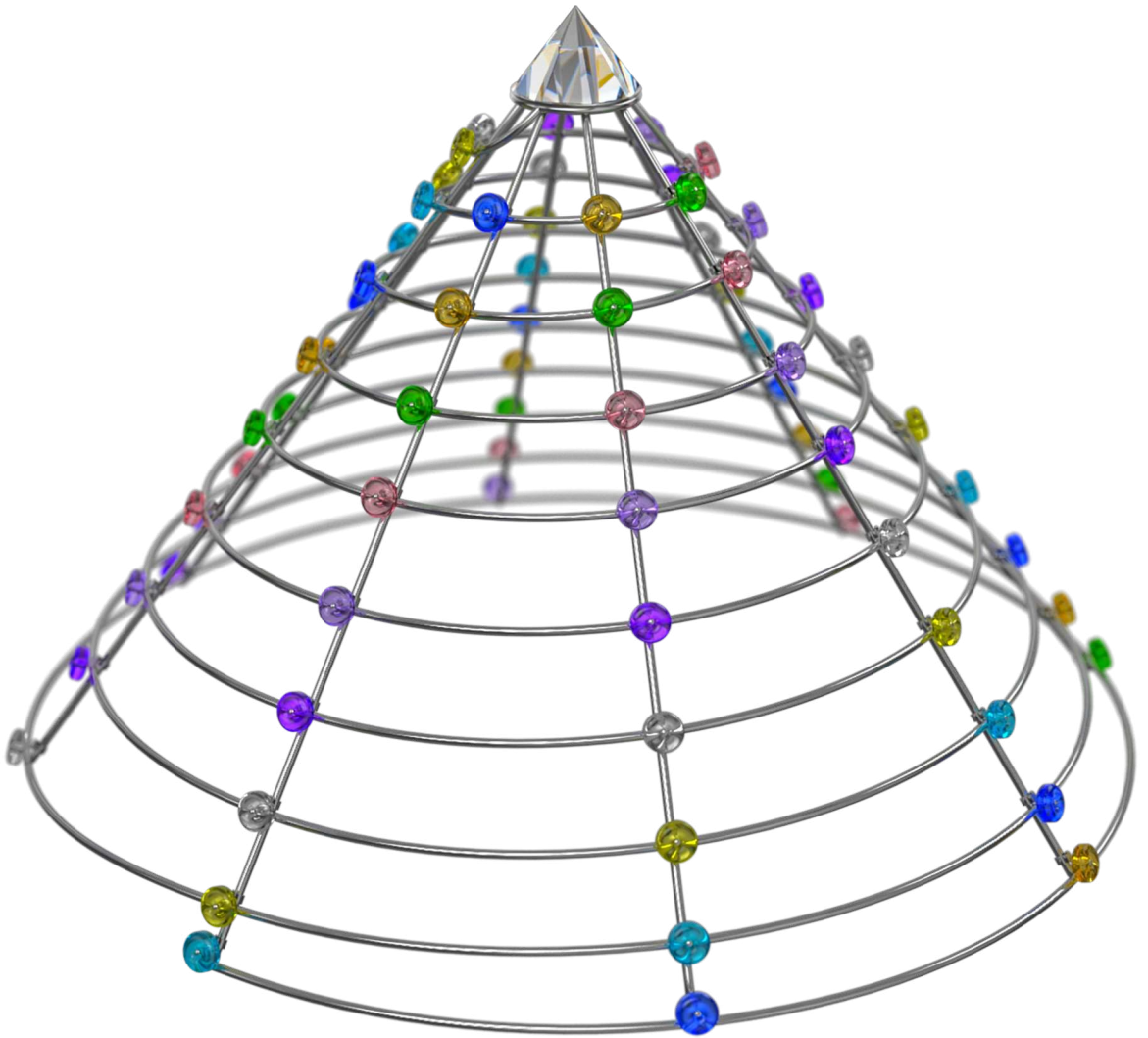
### **The Spinning Golden Form**

Turning the Wheel is an actual process—it is the literal process of Creating. It is the process of Creating through the sequence of Initial Rotations of Creation.

The Golden Wheel is the Form of Creation. It is the Form through which the Source emerges into Creation. To "Turn the Wheel" is to Create. To "Spin the Wheel" is to perform—to initiate—the process of Creating. All knowledge, all form, emerges through this process.









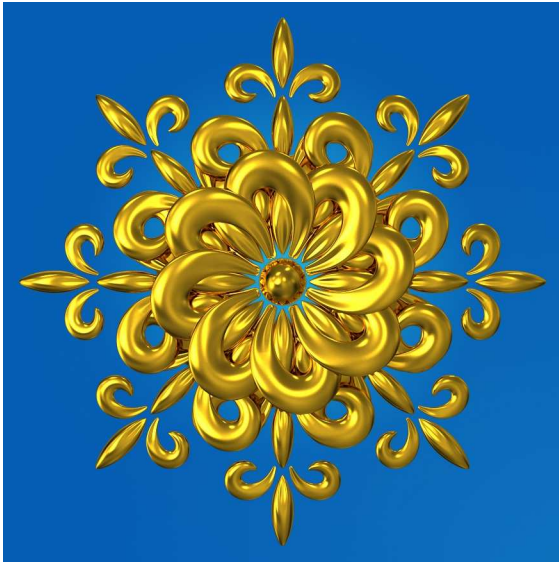


*Part One*  
*THE FLYING SEED*



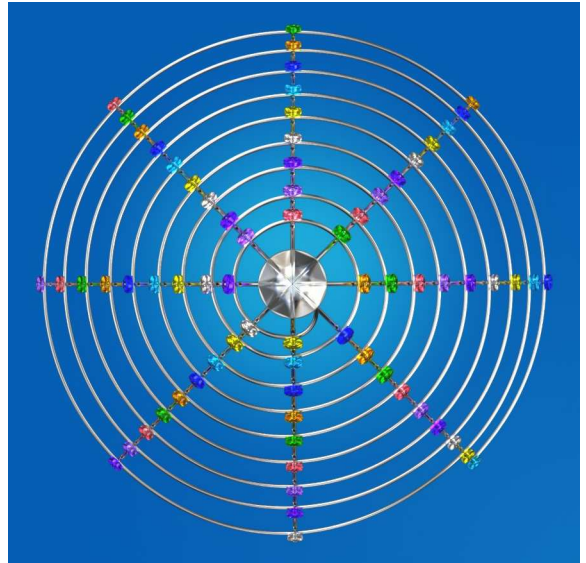
## *The Golden Form*

Form of Initial  
Rotations



## *The Flying Seed*

Map of Initial  
Rotations

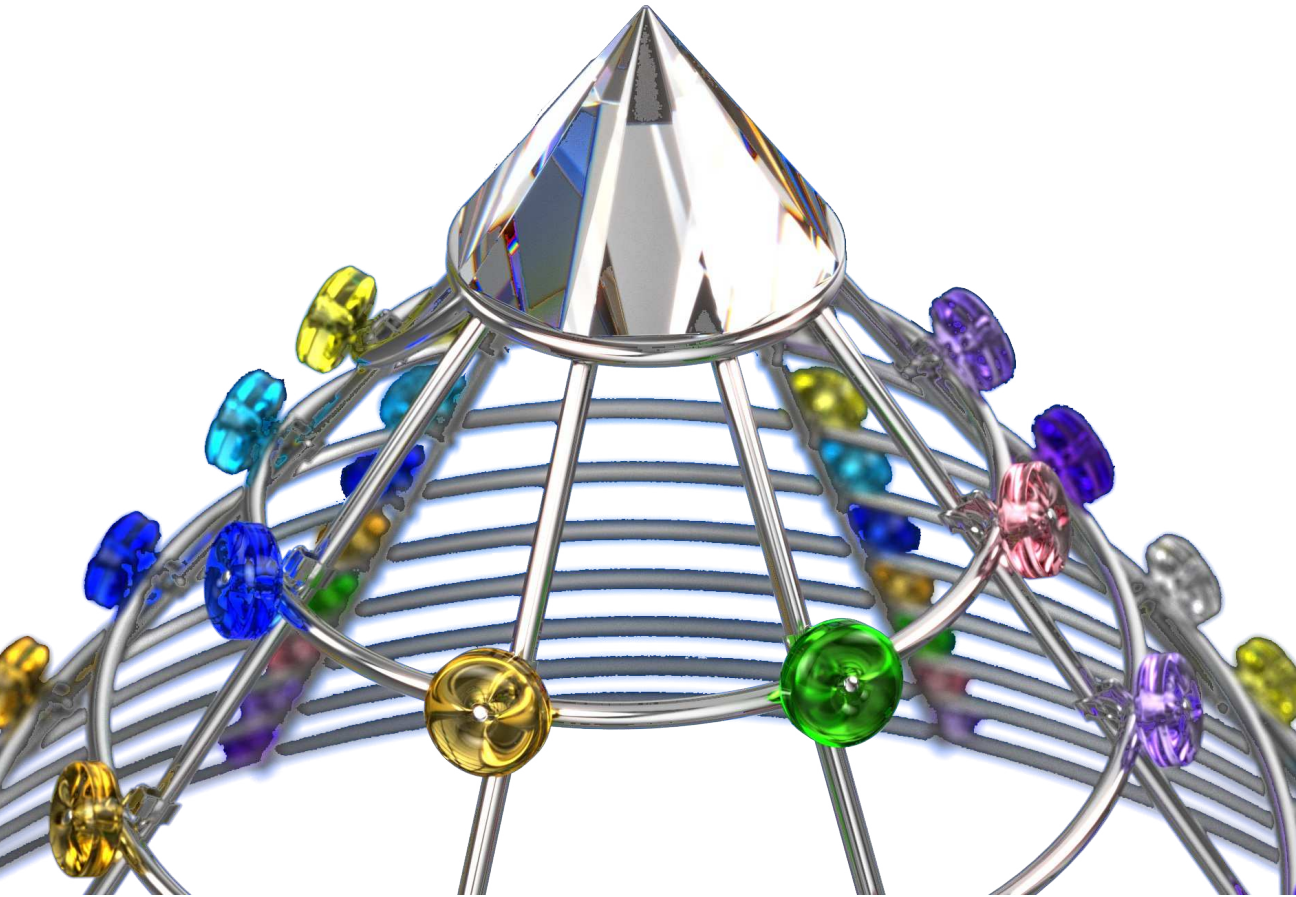




Expressions of  
"Initial Rotations."

One is the Form,  
One is the Map.

These forms contain the expressions of Creation—  
the dynamics of *CREATING*.





The Flying Seed is a tool of Initial Rotations. It is a map of the 81 Seeds of Creation. 108 Seeds of the Source.

The process begins with the top point of the pyramid. This is the Source point; this is Seed #1. The Source point "reflects upon itself" to create 8 clear reflection points—these are the base points of the 8-sided pyramid. Below the base of the pyramid, the spiral contains 72 colored markers—each signifying a Seed.

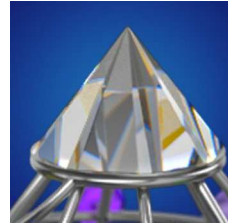
**Within this Form are 81 Seeds of Creation.**  
**Within this Form are 108 Seeds of the Source.**

## Mapping the Seeds of Creation:

### *Steps of Emergence of the Seeds of Creation*

Step 1

**The top point of the 8-sided pyramid is  
Seed #1**



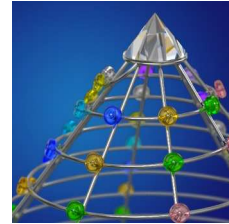
Step 2

**The Source point "reflects upon itself" to  
create 8 clear reflection points**



Step 3

**These reflections are the base points of  
the 8-sided pyramid**



Step 4

**Below the base of the pyramid,  
the spiral contains 72 colored  
markers**

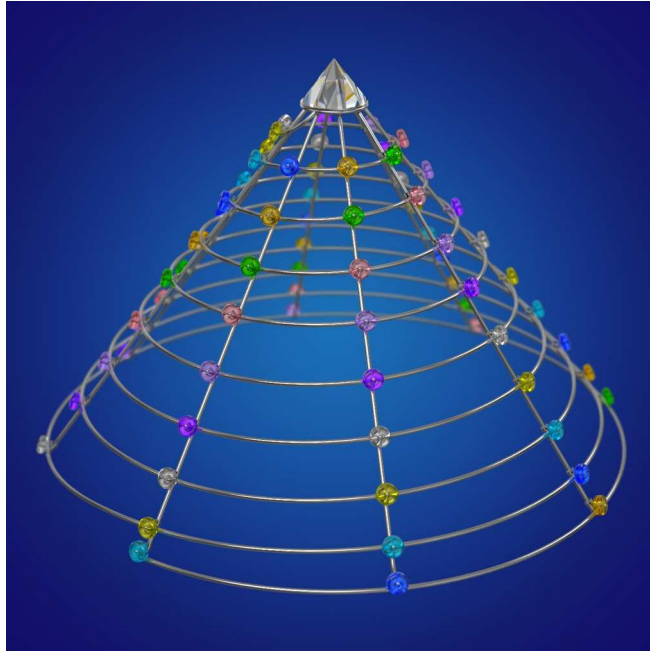






## Step 5

- **1 Source = clear pinnacle point**
- **8 clear reflection points**
- **72 colored markers**



**Each signifies a Seed = 81 Seeds of Creation**

## What is a Seed?

Seeds are markers—sign posts on the path to the Source. Seeds designate locations for the maximum experience of all realms of creation. In "following" these markers—in experiencing these Seeds—the seeker awakens in the radiance of the fullness of knowledge and experience.

Existence is vast.

The layers of creation—the dimensions of creation—are greater than the seeker can comprehend or assimilate. Seeds are markers which identify and lead the explorer to the "sites of interest" throughout all of creation.

A Seed contains knowledge—all knowledge of a sphere of creation—just as an apple seed contains the knowledge of the apple tree.

*One may say, the seed contains the tree itself.  
One may also say the Seeds of Creation contain creation itself.*



## What are *I AM* Seeds?

I AM Seeds are a set of three "personal" Seeds.

Out of the assembly of 81 Seeds of Creation, three Seeds will have personal significance, greater than others.

I AM Seeds include:

**Inception** - based on one's birth, this is the individual Seed of "Destiny"

**Appellation** - based on one's name, this is the Seed of "Well-being" representing happiness and health

**Mission** - there are different layers of Mission; there is a Daily Seed, and there is a Seed for the "Life Path and *Success*" which is selected by the individual

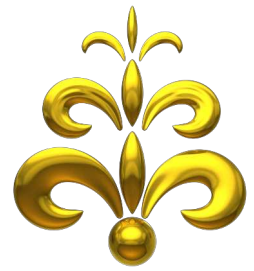
These three "personal" Seeds contain the sequence code of individual life. I AM. Practicing the meditative Creating Techniques™ using these I AM Seeds enlivens the energies associated with individual existence as well as the full range of universal existence.

## How do we recognize seeds?

In the forest, one sees a seed on the ground and wonders what is this? Then one looks up and sees the shape of the tree; one sees the branches; and then one sees the leaves, and it is through these easily perceived values, the values expressed by the leaves, that one knows, oh yes, this seed belongs to that expression.

It is from the simple expressions offered by the leaves that one gains direction for understanding the values contained within the seed.

The leaves are the aspects which are most visible, most clearly and easily seen. From a distance, one can see the leaves; one sees the leaves and one knows, oh yes, this is that kind of tree. The leaves stand prominent, announcing the knowledge of the tree; the leaves reveal the direction of the seeds.



Leaves reveal the direction of the Seeds. The Leaves reveal the expressions of the Seeds. It is through these simple expressions that the path of knowledge and experience is opened. The expressions of the Seeds open the path.

Three examples of Leaves of the 81 Seeds:

*One is Equal to the Universe*

The small contains all. Because all is found within the small, the Source is found existing here.

*“The Spark”  
Seed 28*

*10 Thousand Drums*

Hollowness creates sound. Vibrations radiate out of an empty region. Because of silence, sound is perceived. Because of the empty, the vessel exists. The cup forms around the empty. It's purpose is owing to the empty.

*“The Ceremony”  
Seed 41*

*The Empty Cloud Rises*

Gravitational forces. Passage from the material gravitational forces to the spiritual gravitational forces is the rebirth of the individual. The attraction of the Source is irresistible. Unless one is born anew, one cannot realize the Source.

*“The Regal”  
Seed 48*

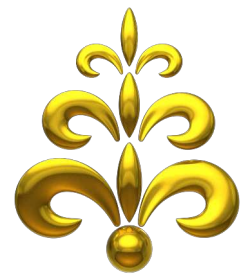
Seeds contain the knowledge of creation, the knowledge of all expressions of creation, the knowledge of the dynamics of relationships between all aspects of creation.

Harmonics are produced through the expressions formed by the Seeds and relationships between the Seeds.

Each expression offers direction. Each expression opens a path to experiencing the full value of each Seed. Within these few words, the path is revealed.

These are path words—passwords—to unlocking the fullness of experience of creation.

In the practice of Creating, we apply the passwords, and through meditative Creating Techniques, the experience of the realm opens. 81 Seeds. 81 leaves revealing the simple phrases which are the passwords to unlocking the experience of the realms of creation.

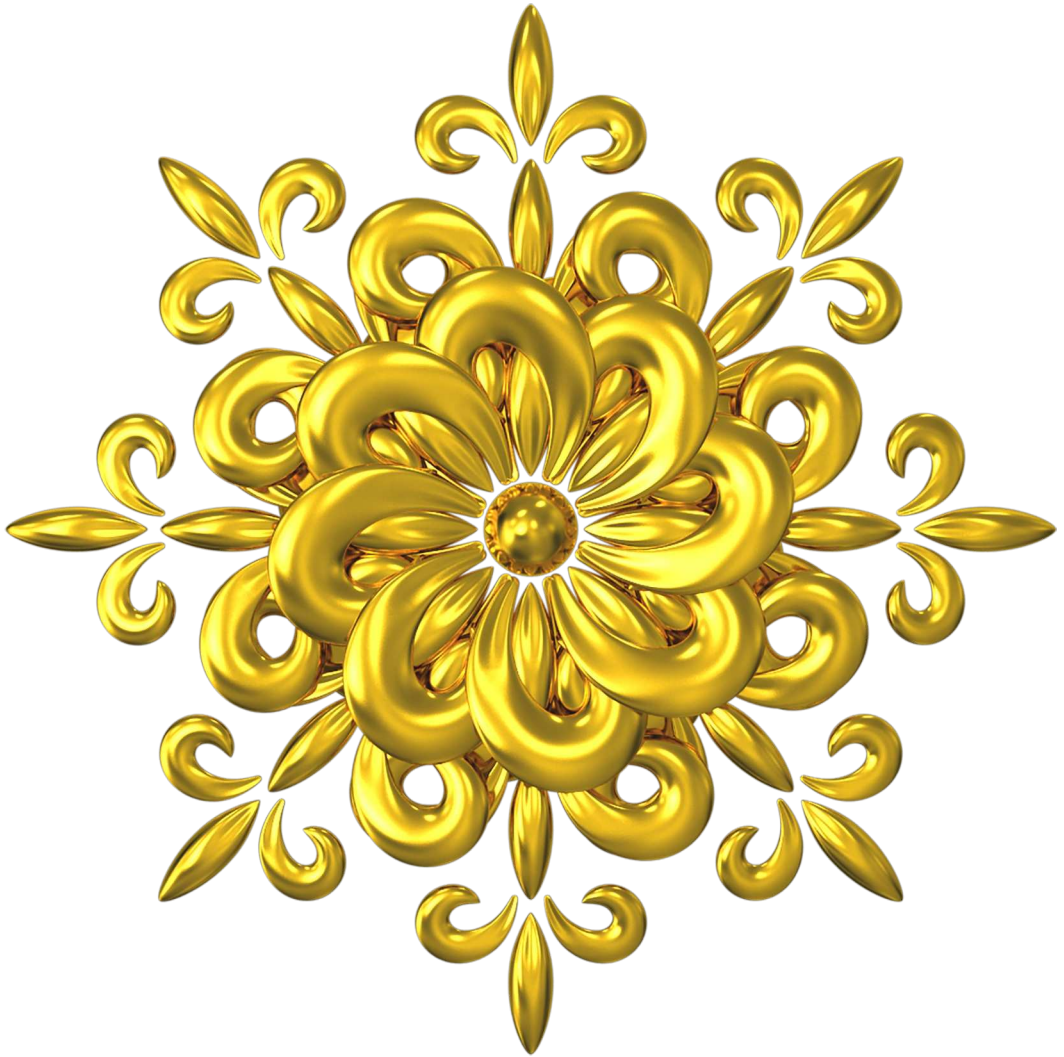


The practice of Creating develops full knowledge, complete knowledge. Such a treasure: the passwords of creation, enscribed upon the Leaves of the 81 Seeds of Creation.

This is the limitless endowment which flows from the experience of the 81 Seeds. Each Seed, illumined within the individual, generates expansion and growth on every level of life. It is the abundant endowment offered by the Seeds of Creation on the path to Holy Vision.

One may practice Creating using any of the 81 Seeds; however, maximum benefits are received through the meditative practice of Creating with one's "personal" Seeds, or "I AM Seeds."







*Part Two*  
*THE GOLDEN FORM*



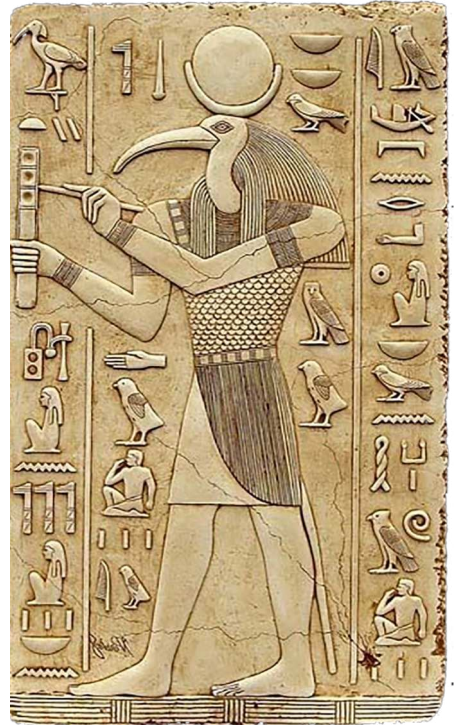
## Teachings of 108

Eight-spoked symbols may be found emerging in the arts and records of ancient cultures from around the world. These golden wheels or forms have represented the highest spiritual teachings.

The source of the present knowledge and teachings of the Golden Form of Initial Rotations—the form of 108—is Master Teacher Thoth, known as an "Early Being."

The following pages of *Part Two* contain words spoken to me by Thoth. This may sound fantastical, but the experience is as simple as normal conversation. There is no state of trance, no possession, no altered state of attention—it is simple conversation.

Thoth



Thoth, an "Early Being," present in the early stages of creation [13].

In Egypt, Thoth was honored as the inventor of writing, credited with the creation of the alphabets (i.e. hieroglyphs) and recognized for the development of science [14].



Thoth is credited with founding the branches of learning such as art, astronomy, medicine, law, mathematics and geometry. Thoth is considered to be patron of sciences and special guardian of the arts [14].

The ancients further claimed he was, "the true author of every work of every branch of knowledge, human and divine." [14] He is credited with calculating and establishing "the heavens, stars, Earth, and everything in them" [14].

The ancient Egyptians regarded Thoth as, "One, self-begotten, and self-produced" [14]. Thoth played many vital and prominent roles in Egyptian mythology, such as maintaining the universe [14].

It is through Thoth's teachings that this knowledge of The Golden Form, The Flying Seed, The Song and the significance of 108 has come.

108 is the number of expressions of  
Seeds of the Source.

81 is the number of Seeds lighting the path  
returning to the Source.

The Song enlivens all values:  
the emergence and the return.



108 Seeds of the Source,  
81 Seeds of Creation,  
leading back to the Source.

These values are the same—only there is a  
different perspective.

The Seeds are the same Seeds.







With the arrival of The Song,  
the understanding comes.

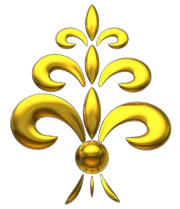
With the Song, understanding  
becomes experience.

The Song produces Holy Vision.

Holy Vision is that vision which sees  
The Way clearly.

*It is The Way from the Source.  
It is The Way to the Source.*

The path of creation and the path to the Source;  
locating the Source within the folds of creation.

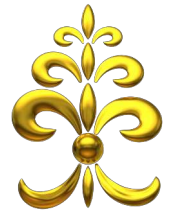


Holy Vision is that vision which sees The Way;  
it is that vision which locates the Source.

The Song illumines The Way to fulfillment  
for all of creation.

108 SEEDS





81 SEEDS

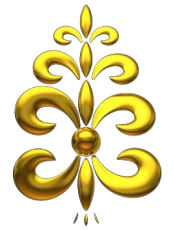


The distinction between 81 and 108 requires Holy Vision.

The distinction lies in fullness:  
distinction within fullness.

With the arrival of the Song,  
this teaching is offered.

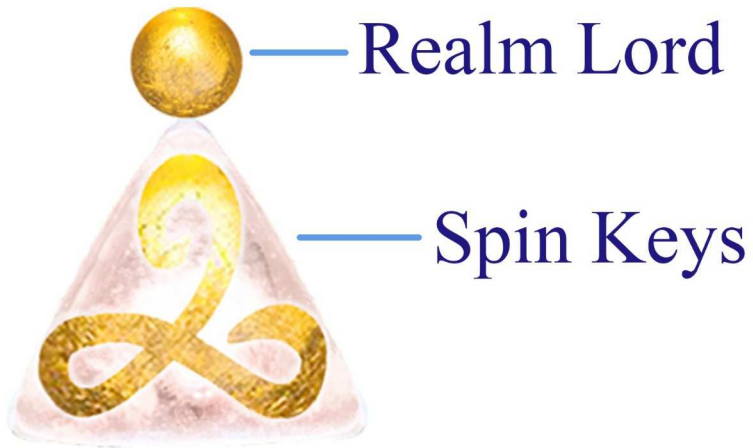
With the arrival of the Song,  
the knowledge of All is offered.



In creation, knowledge of the Song is the  
knowledge of all creation.

The teaching of the Song is the  
knowledge of all creation.







The earliest layer of existence is the layer  
of the Realm Lords.

Realm Lords.

There are said to be three in number.  
Three Realm Lords.

And yet, the number of Realm Lords, the number of *Early Beings of Creation*, may also be said to be four.

Three in number, four in number.

Both may be said. In this distinction lies the essence of Holy Vision; with Holy Vision, this distinction is illumined.



Through this realization comes

*Illumination.*



Waxing



Waning



Full





The Song brings the highest  
teachings of creation.

Waxing, full and waning: three values.



Where is there a fourth to be found?

One finds, on this initial layer of existence, expressions of the highest values of wholeness; one finds the highest values of opposites.

On the early Realm Lord layer, the reflection of the Source is clearest. The nearer to the Source, the clearer the reflection of the expressions.





Supreme clarity is lost after this  
early layer of existence.

Supreme clarity is lost when the spin values  
[located in the Realm Lord layer] take on  
the form of the Spin Keys of creation.

Creation emerges in values of wholeness,  
in sets of wholeness.

Wholeness forms through the existence  
of opposites.

Together, opposite values produce wholeness.





Waxing emerges with waning—opposite values.



Waxing



Waning

Two values, one wholeness.

Full emerges with itself;

*full emerges with itself.*



Waxing



Waning



Full



On the Realm Lord layer, the purest layer  
of reflection, it may be said  
that within this singular value,

*full*

within this singular value,  
two values may be located  
—opposite values—

by means of wholeness.

Full may be seen as one value, the value of full.



Full

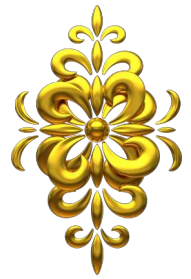
Full may also be perceived as two values:  
the value of fullness of all and the value of  
fullness of nil.



Full  
**All**



Full  
**Nil**



Two values: full all, full nil.

The distinction within fullness may be realized  
when Holy Vision is opened, when awareness is

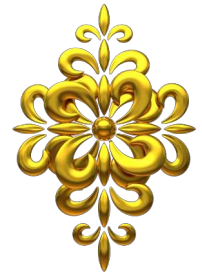
*illuminated.*



Consider the Seed diagrams. In these depictions of the Seeds, the separation between the Realm Lord layer and the Spin Keys layer is revealed.







The Realm Lord is presented within the shape of the circle—which signifies the highest fullness.

The Spin Keys belong within the pyramid shape of expression. This is the shape of knowledge: the shape of that which accelerates and illumines, that which produces clearer vision on The Way.

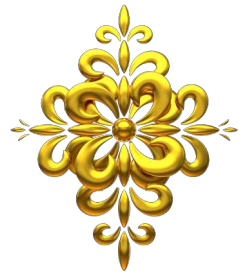
## 2 Values of Fullness



Full  
**All**



Full  
**Nil**



Supreme clarity must be present in order to perceive the relationship within full, in order to realize two values of full.

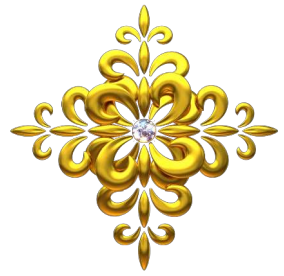
This supreme clarity is located on the Realm Lord layer, on the layer which supports the highest values of wholeness in creation.

On the path, one sees three Realm Lords:



With Holy Vision, one sees four Realm Lords:





Here is the location of the distinction between  
108 and 81:

The distinction is found on the earliest layer of  
expression. On this layer, three Realm Lord  
values may be perceived as four. When Holy  
Vision is fully established, it is then that one  
perceives the four.

81 is the number of Seeds while on the path to the Source.

When the Source is perceived in full reflection, in this state of illumination, one finds there to be four Realm Lords.

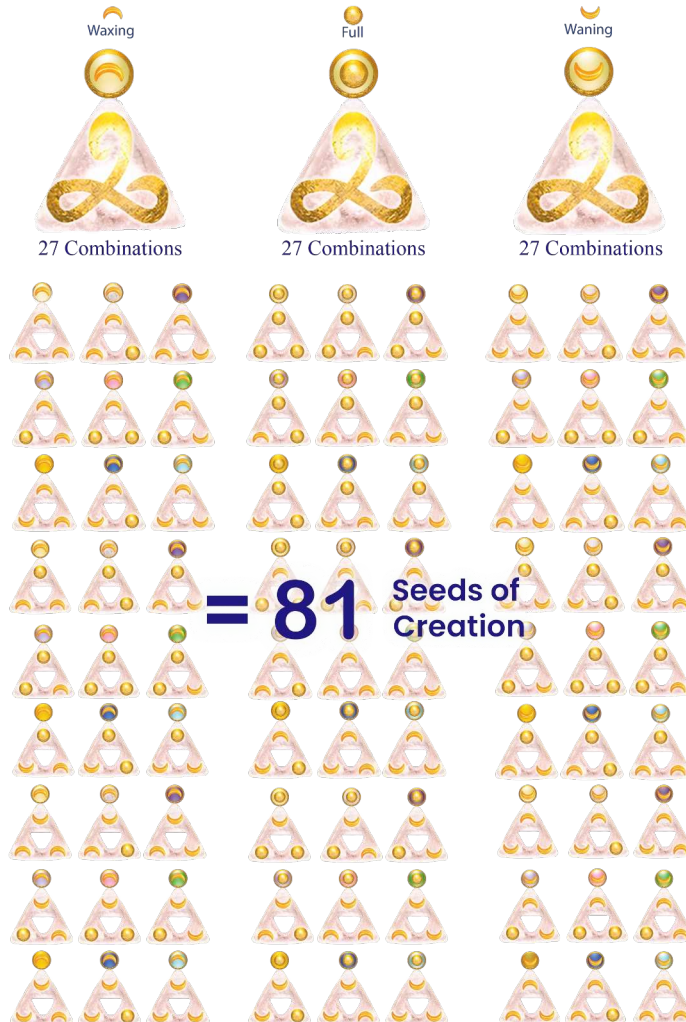


Four is located within the three. When one sees  
four, one finds 108 Seeds of the Source. 108  
Seeds are perceived when one attains

*illumination.*



# 81 Seeds of Creation guide all expressions of creation returning to the Source.







108 is the number of Seeds from the illumined view of the Source—81 is the number of Seeds while on the path to the Source.



**= 108** Seeds of the Source

With Holy Vision, the number of Realm Lords is perceived as four while the Spin Keys remain three in number.

On the material layers of the Spin Keys, the number remains three—there remain three values of Spin Keys.

With this, 108 Seeds of the Source are located. 108 is the number of Seeds generated through four Realm Lords and three values of Spin Keys.



*108 is the glory  
of illumined creation.*

*108 is the glory of the Source.*



The process of the development of Holy Vision is a process which begins from the state of hazy or blurry vision.

One experiences creation, yet this experience is without clarity—clarity arrives with illumination. With illumination, one sees clearly.

Holy Vision is achieved in a state of illumination, a state of enlightenment where all is seen clearly.



It may be called vision, yet this experience is not limited to the senses. It is a deeper form of vision. It is a vision which encompasses all values of experience, all values of awareness.

Holy Vision is a state in which all values are experienced in clarity.

Within this blurry state of experience we see—we observe, we experience—three forms of spin, the form of waxing, the form of waning and the form of full.

Three forms are detected through our limited range of perception. What we see, we believe we see clearly. Yet, all three forms of spin are perceived in a hazy condition.

In this hazy state, we perceive 81.



With the dawning of Holy Vision we realize  
totality. With Holy Vision we perceive 108.

We perceive clearly the form of waxing.  
We perceive clearly the form of waning.  
And we perceive—with our illumined value  
of experience—on the earliest layer  
of creation, two forms of full:  
fullness of all and fullness of nil.

Prior to this, our experience was limited to one value of full. It was a blurry form of full, perceiving neither fullness of all, nor fullness of nil.

With Holy Vision, we realize two values of full. This is the state of realization.

This is the state of *Illumination*.

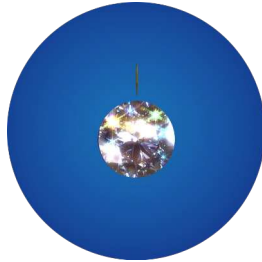
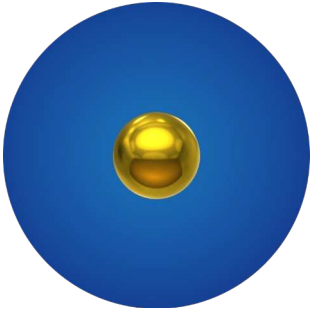




Holy Vision is the awakening of the sublime  
illuminated values of fullness.

With Holy Vision, 108 dawns.







## **The Golden Form of Initial Rotations**

The central sphere represents the Source. There is a flash of light as the Source "looks at" itself—the Source "reflects" upon itself. The "reflection" is Created.

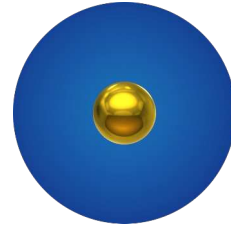
The reflection becomes a new sphere, yet this new sphere emerges in the same location as the original; therefore, the diamond-like "flash" of light is the visible signal that the process of reflection, the process of Creating, has occurred.

Out of the reflective spheres, all forms emerge.

## Steps of Emergence of the Golden Form of Initial Rotations

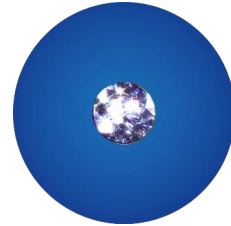
Step 1

**The Source sphere "reflects upon itself" to form a new sphere**



Step 2

**There is a "flash" of light when this process of reflection occurs**



Step 3

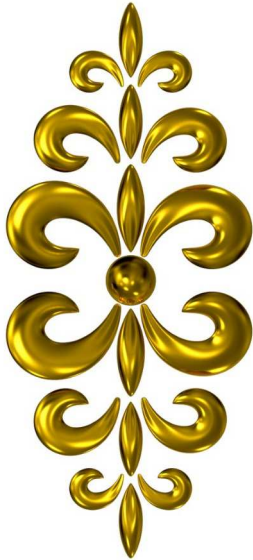
**Out of the new sphere, 3-petals of a "feather" begin to emerge**



Step 4

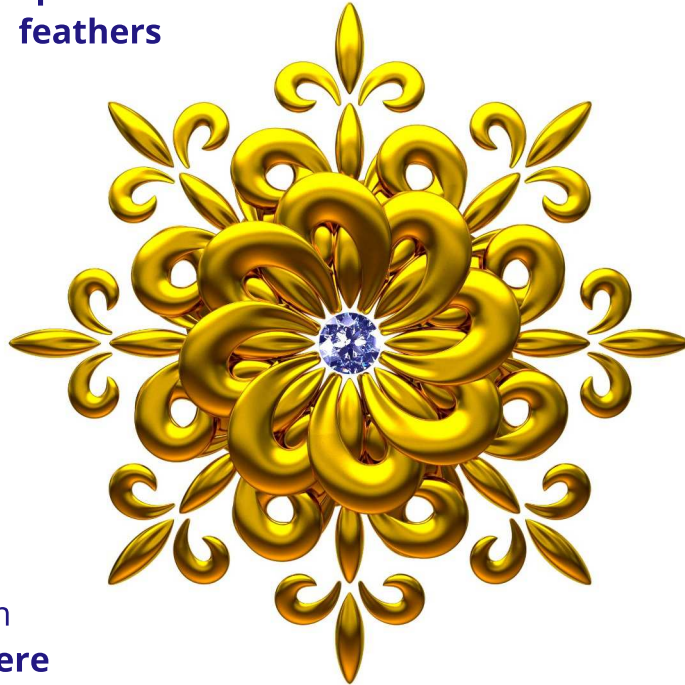
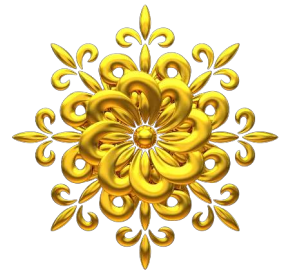
**Each feather is made of three sets of 3-petals = 9 petals per feather**





Step 5

**This process repeats,  
producing 8 reflective  
spheres and 8  
feathers**



Step 6

Full Golden Form

- **Source sphere**
- **8 reflection spheres**
- **72 petals**

**= 81 Seeds of Creation  
= 108 Seeds of the Source**

*The Song*





*Part Three*  
THE SONG



## *The Song of the Spheres*



The Song is a supreme gift to Humanity; it is a gift to unite, a gift to enliven the light of the Source within all expressions of the Source.





## *The Song*

The path of Holy Vision is the path leading to the Source—it is the journey of Illumination. The path is illumined by the Seeds of Creation.

The spinning inner elements of the Song are called *The Way*. In the practice of Creating, one spins The Way. Spinning The Way is the turning of Initial Rotations. In this turning, the Source takes form. This is Creating. One who spins the Way, Creates.

One who Creates attains Holy Vision.

With Holy Vision one sees 108.

The Song is the Great Tool of Thoth. It is the tool known as the Mighty Ankh. Through the spinning rotations of this great cosmic device, the Spheres get enlivened. It is an energizing of the Spheres.

This mighty tool governs the Spheres.

What object can govern the vast and mighty Cosmic Spheres? Certainly no object, regardless of size, regardless of strength—none—can govern the great Spheres; none can influence the vast cosmic realms. Certainly there can be no such object with the strength to sway these massive stellar bodies. Is this the case?

It would seem to be the case. It would seem an obvious thing. Yet, there is one thing, one thing which can govern these mightiest forms of creation. There is one thing.

What is this?



The Song.

That which governs form is the Song.

It is the Song of Creation. It is the Song of the Source. It is *THAT* which structures creation.

It is *THAT* out of which creation IS.

From essence to form, from vibration to matter, the Song of the Source is the Song of the Spheres.

The Supreme Almighty Source initiates the Song, and material substance forms around the harmonic locations. Matter emerges through harmonics. The Seeds are the notes; the Song is the play of the notes. The Song is the melody of these precious notes: it is the symphony of the Seeds of Creation.

The Song is unseen, yet its influence is felt by all. The Song of the Spheres is played for all existence. The Song of the Spheres is that unseen melody of the Source of Creation.

The Song is the tool of Thoth. The tool was formed to govern the Spheres of Creation. It is called the Great Tool. The Great Tool has taken different forms at different times.

The Ankh was the form of The Great Tool during the time of Egypt. The shape of the Ankh supported the spin key values and, while the Realm Lord's existence was acknowledged, its value was not revealed; its value remained unexpressed.

In another time prior to Egypt, the value of Initial Rotations was expressed, and the tool was formed with a swirling central barrel. Different times, different forms.



In our time, The Great Tool arrives in the form of the Song and the Medallion. Each possesses the swirling element of Initial Rotations. Each possesses the full form of the Realm Lord and Spin Keys. These are the Great Tools of Thoth.

The spinning inner rotations energize the Seeds of Creation.

One spins the inner Way three times. The thrice initiated spin generates form. It is enough to say this. There is no mistake in these words of expression.

The thrice-initiated spin generates form.

In the hands of the Initiate—one who initiates spin—the radiance of fullness is generated. Light and energy illumine the path to 108, the path to Holy Vision.

## **What is the difference between the Song and the Medallion?**

Each of these tools is the personal tool of Thoth. Each generates the forms of creating, the forms of creation. As one thrice initiates spin on the inner form of The Way, the process of Initial Rotations takes place.

With the Medallion, one Seed is represented. This Seed may be the Seed for the World Mother, it may be the individual's Seed of Inception, or it may be the I AM Seeds for the individual. Each of these forms for the Medallion brings supreme growth and personal benefits, enlivening The Way for the individual.



The  
Medallion







The Song of the Spheres is all inclusive. The Song of the Spheres includes the complete circle of Wheels, the Great Cosmic Spheres.

To thrice initiate spin on the inner form of The Way, in the presence of the full circle of Cosmic Spheres, the result is the Creation of all elements of form.

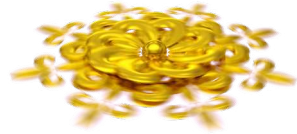
It is the Great Tool of the Early Being.

*In order to govern, one does so  
without force, without effort.*

The cells of the body are replaced with new cells in a never ending process of life. This is the nature of the government of the body.

It is the same principle with the whole of Creation. The cells of Creation are replaced in a never ending process of life, a continuous process of Creating.

Harmonics are at the basis of form. The process of Initial Rotations energizes the environment to *gel* form. In this gelling process, great energy is released to the individual. The process of Creating brings great amounts of energy to the individual.



This process is dynamic. Form is generated in a dynamic process. Energy is released through this dynamic process. We call this process Genesis Fusion.

The Medallion generates the form and energy of the World Mother or the I AM Seeds. These are the elements which are found in the Medallion. These are the most basic elements for the life of the individual. The energy released and received in this process directly uplifts the individual.

The Song generates the form and energy of the Creating process of the totality of the Great Cosmic Spheres. All elements are formed and all elements release great light and energy for the individual.

As the individual thrice initiates spin, Initial Rotations are enlivened and form emerges. Form. We are transforming our Realm. Yes. In performing these blessed practices we purify and uplift the environment and bring about the full value of this Aeon of Eternal Light.

Form must be altered. Form, the physical material forms of Earth and beyond, must be altered, must be accelerated, must be uplifted. We are illumining form. We are transforming our blessed Realm.

Spinning the inner Way of the Song and Medallion initiates the process of Creating, enlivens the Seeds of Creation, expands awareness and develops Holy Vision through the fundamental process of *Initial Rotations*.



Each individual may "Turn the Wheel"—each individual may practice the Techniques of Creating—initiating the process of Initial Rotations with the 81 Seeds of Creation.

It may sound difficult. It may even sound overwhelming to think that one practices the very process of the formation of creation. However, this is neither difficult, nor overwhelming. It is simple because it is truly the process which is inherent to all expressions of existence.



*81 Seeds of Creation lead the Seeker of the  
Source along The Way.*



*Step by step, the Seeds of Creation awaken finer  
layers, finer levels of experience within the Seeker.*



*One who initiates this process, one who initiates  
The Way, this one is called the Initiate.*



*81 is the direct path leading the Initiate to the Source.  
108 is the glory of the Supreme Source  
in all forms of creation.*

*81 Seeds of Creation are offered to all existence as an opening of  
The Way to the Source, as an illumining of the path to the Source.*

**81** Seeds of  
Creation  **108** Seeds of  
the Source





*This process of "Turning the Wheel," this process of "Creating," is open for all to enjoy. The Technique of Creating is available to all.*

*Fullness is for all.*

*The path to fullness is  
The Way to Holy Vision.*

*The Song enlivens the  
expressions of the Source;  
the Song Illumines the path  
returning to the Source.*



*The path from the Source,  
the path to the Source,  
the Song illumines all.*



*They are the same Seeds.  
They are the same Seeds.  
81 is 108.*



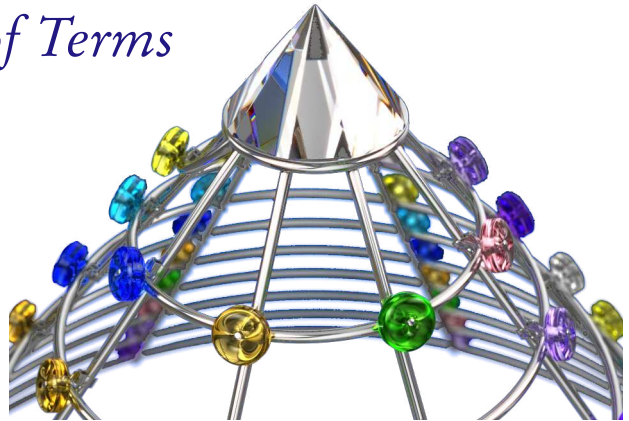
*Zero is the difference.*

# *Glossary of Terms*

## **The Flying Seed**

### **Map of Initial Rotations**

The Flying Seed is the Map of Creation. 81 Seeds are located along the spiraling path from the top of the 8-sided pyramid to the base.



## **Seeds of Creation**

*108 Seeds of the Source*

*81 Seeds of Creation*

Seeds are regions or *spheres* of creation.

Within each Seed, one finds the most

subtle values of creation, the values of "spin." Seeds form through the relationship between an initial spin and three

subsequent spins. The initial spin is called the "Realm Lord."

The three subsequent spins are called "Spin Keys."



## The Golden Form of Initial Rotations

The Golden Form is the Form of Creating. It is the Form of Creation. Through the process of Initial Rotations, creation emerges. It is the great spinning form of creation, turning, expressing all in creation.



## Values of Spin

There are three values of spin:



**Waxing**



**Full**



**Waning**

## The Song

The Song of the Spheres is the Song of Creation. During an inner meditative practice of "Creating," energy is generated by initiating the spinning motion of the central element which is called "The Way." The Song is the modern form of the Ankh of ancient Egypt.





## Notes

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## *About the Author*

Cindy received the knowledge of 108 through contact with Thoth and Lantos, high beings of light. Cindy has a lifetime of the ability to see layers of the world which are “unseen” to others. Under the guidance of a spiritual family, her early years were focused on the practice of meditation. She began Transcendental Meditation at the age of 7, was the youngest individual in the world to complete the Advanced TM-Sidhi Programme at the age of 13 and became a Teacher of TM at the age of 18. She subsequently spent the next 11 years of her life teaching individuals to meditate throughout the United States and internationally. Her focus was primarily directed towards the teaching of children, ages 3-18, and she has instructed over 1,000 children in the practice of TM.

In 1999, she introduced the first energy tools of BioGenesis. These tools and teachings have expanded and the numbers of individuals who have received these teachings have grown into the tens of thousands. She has traveled extensively, offering BioGenesis courses in countries around the world.



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